



15-10-2017

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RACE INFORMATION
Palma Marathon Mallorca
Sunday 15th, October 2017



WELCOME!

Dear participant,

We are delighted you have registered for this third edition of Palma Marathon Mallorca taking place October 15th!

In this document you will find all relevant information about the race and about the activities during the event weekend.



PALMA
MARATHON
MALLORCA



PRE-EVENT Event area map





PRE-EVENT Event Schedule

Friday 13th

10:00h - Breakfast run

11:00h - 19:00h - Race number pick up all distances

14:00h - 19:00h - Palma Kids Run race number pick up

11:00h - 19:00h - Expo

Saturday 14th

11:00h - 19:00h - Race number pick up all distance all distances

11:00h - 15:00h - Palma Kids Run race number pick up

11:00h - 19:00h - Expo

13:00h - 16:00h - Pasta party

17:00h - Palma Kids Run

Sunday 15th

7:30h - 8:30h - 10Km race number pick up

9:00h - Start: Marathon, 1/2 Marathon

9:40h - Start: 10Km

8:00h a 15:00h - Expo

12:00h - 10Km and Half Marathon awards ceremony

13:00h - Marathon awards ceremony

15:00h - Event closing

19:00h - After race party



PRE-EVENT

Race number pick up

Where: Parc de la Mar, below the cathedral, near the lake (see map point 7)

When: Friday and Saturday: 11h00 - 19h00. Sunday: 7h30 - 8h30. Only 10 Km distance.

What should I bring?

1. Confirmation of your registration to the race.
2. In case you have registered as “BALEARIC RESIDENT”: please bring your Balearic residence certificate or a document which validates your residence *

How does it work?

Check your race number at the participants list placed at the entrance of the area, then go to the tent of your distance (Marathon, Half Marathon or 10 Km). For Walking & Nordic Walking participants please go to the tent for 10 Km.

What I will get?

- Wardrobe bag
- Race number with timing chip integrated
- Safety pins
- Wardrobe sticker
- Athlete wristband
- T-Shirt (for Marathon participants and for those who have purchased it previously online).



PRE-EVENT

Race number pick up

****IMPORTANT***

In case you cannot proof that your current residence status is on the Balearic Islands, you will have to pay the difference to the regular price in cash when you pick up your race number.

If you do not have your own chip, you will have to pay 5.00 € in cash when collecting your race documents.

Timing Chip

In the case that, when registering, you have indicated a chip code that is not valid:

- You must pay the € 5 cash rent when collecting the number.
- Or in case you have brought your own chip, you must show it when collecting the number and will not be charged the rent of the same.

Control of your timing chip

After collecting your race documents, please go to the timing chip control tent to test that your chip is working correctly. In case there is any problem with your timing chip, our staff of the timing company will assist you.



PRE-EVENT

Race number & Chip

You will be given the race number with the chip integrated in the back.

IMPORTANT: If you have your own chip, it is NOT necessary to use it, as your time will be measured by the integrated chip in the race number.

Before the race you will have to fill in the medical data without manipulating the chip.

The chip is glued to the back of the race number, so you should not do anything, just place the race number in the front with the safety pins on the race day.

As is a disposable chip, you should not return it at the end of the race.

Nombre / Name	Apellido / First name	Lengua materna Mother Tongue
<input type="text"/>	<input type="text"/>	<input type="text"/>
EN CASO DE EMERGENCIA CONTACTAR CON: IN CASE OF EMERGENCY CONTACT WITH:		
<input type="text"/>		
<div>CHIP</div>		
Dirección / Address		
<input type="text"/>		
Teléfono / Telephone		
<input type="text"/>		
Enfermedades actuales / Current diseases		
<input type="text"/>		
Medicamentos: Alergias / Medications: Allergies		
<input type="text"/>		
CON EL PRESENTE, EL PARTICIPANTE ACEPTA QUE SUS DATOS SEAN UTILIZADOS EN CASO DE EMERGENCIA / WITH THE PRESENT ACCEPT THAT THEIR DATA ARE USED IN CASE OF EMERGENCY		

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PRE-EVENT & RACE DAY Marathon Expo

Location: Parc de la Mar, below the cathedral, near race number pick up area (see map point 10)

Schedule:

Friday and Saturday: 11h00 - 19h00

Sunday: 8h00 - 15h00

Here you will find our PMM Merchandising Shop & many sportshops with offers & discounts.

T-Shirt Stamp Service: Get your name stamped on your T-shirt & run the race with your name stamped on it!





PRE-EVENT & RACE DAY Marathon Shop

Our official Palma Marathon Merchandising Shop is located at the Marathon Expo and offers you many fun sport souvenirs!

You will find many cool PMM items such as:

- T-Shirts
- Buffs
- Socks
- Mugs
- And much more...





PRE-EVENT Breakfast Run

Where: Info Point close to Avenida Antonio Maura (see "i" on the left side of the map)

When: Friday 10h00

Why should I participate in the Breakfast Run?

It is an activity free of charge which allows you to do a soft training along a part of the Sunday course.

The distance is 6.5 km.

After the run you can recover with coffee & cake!





PRE-EVENT Pasta Party

Where: Parc de la Mar, below the cathedral, near race number pick up area (see map point 8)

When: Saturday 13h00 - 16h00

What do I have to bring along?

Your athlete wristband - with this you have pasta and 1 water included.
Extra tickets can be purchased on site.





PRE-EVENT

Caixa Bank Palma Kids Run

Just for kids! The race on Saturday is for free and for kids between 2 and 12 years old.

A race for children (participation is free of charge) to promote sport in general and values such as social integration, solidarity and team spirit.

Day: Saturday 14th October

When: 17h00

Where: Avenida Antonio Maura (see point 12 on the map)

Race number pick up: Friday 14h00 - 19h00 and Saturday 11h00 - 15h00 at the tent located in Antonio Maura (see points 13 and 14 on the map)

Distances and categories:

2005-2006: 1.200 metres

2007-2008: 1.200 metres

2009-2010: 600 metres

2011-2012: 600 metres *

2013-2015: 600 metres*

*Parents can run with their kids

REGISTRATION HERE!

Until October 12th

Subject to availability. Total entries: 2.000 kids





RACE DAY

How to get there

Bus

All participants can use free of charge the public bus transport of EMT. All you need is to show your race number. Information about the bus routes: www.emt.es

Please note: this is only applicable to the EMT bus company. It does not include the Citysightseeing bus or any other bus company.

Recommended public parkings (paying)

All day access on Sunday:

- Avenida Alejandro Rosselló

Access Sunday until 8h00 and open again at 15h00:

- Parc de la Mar – Plaza de la Reina (Access by Calle Jaime III)
- Paseo Mallorca

Please note that there is not an event parking.



RACE DAY

Before the start

WARDROBE AREA

Where: Parc de la Mar (see point 6 on the map)

Schedule: Open from 7h00 until 15h30

If you want to leave a bag in the Bag Drop Area, please remember: your event bag (the bag you got when picking up your race documents) with your bib number sticker on it the **ONLY** bag that will be accepted at the Bag Drop. Any other bags (for example: suitcase, back pack etc.) will not be accepted.

SPECIAL NEEDS

Please bring your “special needs” bag to the Wardrobe Area and leave it at the assigned table, where our staff will mark it with your bib number.

Our staff will bring your “special needs” bag to aid station 4 (Km 16,5 and 37,3).

All bags will be thrown away after the race.

SPECIAL RACE NUMBER PICK UP ONLY FOR 10KM: From 7h30 to 8h30

STARTS: Arch infront the Cathedral (see point 1 on the map)

09:00h: MARATHON AND HALF MARATHON

09:40h: 10KM



RACE DAY

Start procedure

Where: Start Line at the Paseo Marítimo in front of the cathedral (see point 1 on the map)

Important: All Athletes have to position themselves in the corresponding start box marked on the race number.

9h00: Start MARATHON AND HALF MARATHON

		Marathon	Half Marathon
START BOX AA	Masters Athletics Spanish Championship		
START BOX A	Below	2:40h	1:20h
START BOX B	Below	3:00h	1:30h
START BOX C	Below	3:30h	1:45h
START BOX D	More than	3:30h	1:45h

9h40: Start 10 KM

9h42: Start WALKING & NORDIC WALKING

START BOX E	10 Km And 2 minutes later: Walking & Nordic Walking – participants please position yourselves at the end
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There will be Pacemaker for the Marathon race: 3:30h, 3:45h, 4:00h and 4:30h and for the Half Marathon: 1:30h, 1:40h and 1:50h.



RACE DAY

Along the course

COURSE

The first 12km go along the Paseo Marítimo and the next 9km across Palma's old town. Half Marathon participants have to do 1 loop and Marathon participants, 2 loops.

Check the [maps here >>](#)

TURNING POINTS

There will be 2 different turning points at Dique del Oeste (Km 5): One for Marathon and Half Marathon, and the other one for 10 Km. They will be indicated with signs.

The participant must take the turning point according to the distance he/she is running.

Finish Line closes at 15h00.



RACE DAY

Aid stations

5 aid stations along the course:

1. km 3'7 after the bridge at Club de Mar: Water, isotonic drink and sponges.*
2. km 8'5 at las Golondrinas in front of the Auditorium: Water, isotonic drink, fruit.
3. km 12'3 at Escola Graduada: Water, isotonic drink, fruit.*
4. km 16'5 at Calle Sant Miquel by Porta Pintada and Calle Olmos: Water, isotonic drink and special needs.
5. km 20 at Calle Union, in front of Gran Hotel La Caixa: Water, isotonic drink, fruit.

Km at the second loop: 24'5*, 28'8, 32'8*, 37'3 y 41'2.

* At Km 24'5 and 32'8 will also have Powerbar gels.



RACE DAY

After-race area

After crossing the Finish Line (see point 4 on the map) you will find:

- Your Finisher medal
- Medical service
- 4 water points on different tables. Important: please avoid stopping at the first table and make sure access is always guaranteed.

At the after-race area (see point 5 on the map) near the lake you will find:

- Fruit
- Pastries
- Coca-Cola
- Isotonic drink
- Erdinger Alkohol frei

Outside the after- race area you will find:

- Massage service
- Showers (see point 11 on the map)

We kindly remind you that post-race area is for participants only.



RACE DAY

Awards ceremony

Where: Stage near the Finish Line (see point 3 on the map)

Schedule: 12h00: 10 KM and Half Marathon
13h00h: Marathon

The first 5 winners of the overall results (men and women) and for each distance (Marathon, Half Marathon and 10 Km) will receive a trophy.

There are no trophies for the age groups.





RACE DAY

After-Race Party

The after race party will take place at the Mega Park at the Playa de Palma, the best place to end a great event-weekend, starting at 19h00.

Entry is free for everyone.

All Marathon, Half Marathon and 10KM runner showing your medal or athlete wristband will enjoy a free beer and a hot dog.



CursachEntertainment



RESULTS, PHOTOS, MEDAL ENGRAVING

RESULTS

You will find them on our website palmademallorcamarathon.com as of Sunday afternoon.

PARTICIPANT CERTIFICATE

You will be able to download your participant certificate from our website palmademallorcamarathon.com

PHOTOS

Our official partner is “Marathon Photos”.

After the event you will be able to check your photo introducing your race number with the option to purchase it. The link will be available on palmademallorcamarathon.com.

MEDAL ENGRAVING

There is no medal engraving service at the after race area. If you did not buy the online recording service "itab" when you did your registration, you are in time to do it until Monday 16 through your Active User (at “My Events Portal”).



FAQ & CONTACT

FAQ

Check out our section of *Frequently Asked Questions* to learn everything about Palma Marathon Mallorca 2017. Really useful info! Click [here](#).

CONTACT

If you have any further questions that have not been answered in this document please contact us at: info@palmademallorcamarathon.com

We are happy to assist you!

Our best wishes to all athletes
and
we hope you enjoy a safe, exciting & successful race!